



DOMINICK DINA

Dominick@DominickDina.com

Mobile: 210 273 9082

Lic. #: TBL 540730

Between FRIENDS

The days are getting shorter and the kids are heading back to school. Call me today for an update on the current local real estate market!



Do you know the difference between a home warranty and homeowner's insurance?

Home warranties are service contracts that cover the failure of home systems and appliances due to normal wear and use, while homeowner's insurance protects the homeowner against damage or liability due to an unknown or contingent event. Both offer valuable budget protection and they can work in conjunction with each other. For example, if a covered water heater leaks under normal use and floods the home, the home warranty will repair or replace the water heater, while homeowner's insurance may cover the water damage.

OLD REPUBLIC HOME PROTECTION

People Helping People

Safeguard your American dream with a home warranty!



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Refer your friends, family, and colleagues to me and ensure they receive expert, knowledgeable assistance from an experienced real estate professional.



Health & Safety

Protect Your Kids: Medicine Safety Tips

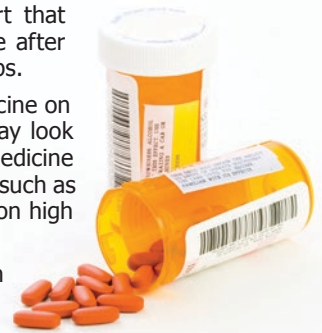
The Centers for Disease Control and Prevention report that thousands of children each year need emergency care after ingesting medicine. Keep kids safe with the following tips.

Store medicine out of reach and sight. Never leave medicine on a counter or in a sick child's room. Medicine and vitamins may look like candy to kids. Store them in hard-to-reach spots like medicine cabinets. But kids can also get into pills in less obvious places, such as purses, briefcases, and coat pockets. Hang jackets and bags on high hooks or set them on shelves out of sight.

If you think your child may have ingested medicine, call Poison Control at 800.222.1222 right away. Program this number into your cell phone so you have it in an emergency.

Follow safe dosing procedures. Always read the labels on medicine bottles. Ask your pharmacist if you're unsure how to administer medication. Write clear, legible instructions for caregivers giving your child medicine. Include what the medicine is, how much to give, and when to give it.

Safely dispose of unused or expired medication. The Drug Enforcement Administration hosts a national take back day in April and October. Many communities offer disposal services during that time.



Helpful Hints

Make the Most of Your Mornings

Ever wonder how the world's most successful people begin their days? The following tips from high achievers can help you make the most of your mornings. Try them out and find out which ones could work for you.

Prepare: Mornings will be less frantic if you prepare for the day the night before. Set out clothes and any items needed for the day ahead. Make and store lunches in the fridge. Load papers into backpacks and briefcases. The more you do before bed, the less you'll worry about in the morning.

Crush distractions: Resist the urge to grab your phone or tablet as soon as you wake up. The pull of digital media at your fingertips can derail your morning routine. Instead, ignore your phone, get up, and start your day.

Start your day off right: Begin your day with a nutritious breakfast and some exercise. Don't wait too long to eat after you wake, and find a workout routine you can commit to each morning. Get your mind and body ready to take on the day!



1 lb ground meat of your choice

1 cup onion, chopped

3-4 garlic cloves, minced

24 oz. marinara sauce

2 zucchini, thinly sliced lengthwise

1 cup mushrooms, sliced

1 cup mozzarella cheese

**1/2 cup Parmesan cheese,
freshly grated**

Salt and pepper to taste

Preheat oven to 325°F.

Brown ground meat in a large pot over medium-high heat. Add onion and garlic. Cook for 5 minutes, or until garlic and onion become fragrant, stirring frequently.

Pour in marinara sauce and bring to a boil. Remove from heat and stir in Parmesan cheese.

Spread a thin layer of sauce in the bottom of a 9"x13" baking dish. Layer zucchini, then mushrooms, then mozzarella cheese. Add salt and pepper to taste.

Spread another thin layer of sauce and repeat. Finish with a final layer of mozzarella cheese and sprinkle with Parmesan cheese.

Cover with foil and bake for 15 minutes. Remove foil, increase temperature to 350°F and bake for an additional 15 minutes, or until cheese is bubbly.



CHRISTIAN REALTY SAN ANTONIO

9050 Ryelle

San Antonio, TX 78250

Household Tips

Inexpensive Interior Design

Whether you're looking to sell or you're just craving a new look, you can spruce up your home's interior without breaking the bank. Check out the following interior design tricks to transform your space.

A fresh coat of color: Color plays an integral role in interior design, and fresh paint doesn't cost much if you DIY. Light colored walls reflect light, so paint smaller rooms lighter colors to make them look larger. Warm colors can also brighten a room and work well in areas that don't receive much natural light. Conversely, dark walls can make a room feel smaller, so save the bolder colors for rooms with lots of windows.

What's old is new again: Don't be afraid to repurpose items you already own. Sometimes moving a piece of furniture or décor out of one room and into another can give the item, and your space, a whole new look!

Green goes with everything: Plants (real or faux) are great for accessorizing your home inexpensively. Add color and texture with a few decorative plants in each room. Bonus points if you spring for live plants; many varieties purify the air by absorbing pollutants!

